



Nutrition Services – Insurance Worksheet

This document is intended to assist patients with insurance communication. This document does not guarantee insurance coverage of any Grand Primary Care service.

Have the following information prepared prior to calling your insurance company:

Write down the ICD-10 Diagnosis code for the medical reason why you are scheduling a Nutrition Services appointment (if you don't know, ask your healthcare provider):

If you are seeking Nutrition Services for general health and preventive purposes and not for a specific diagnosis, please proceed to the next section.

Call your insurance company, and ask the following questions:

- *If you have a diagnosed medical problem:*

Is Medical Nutrition Therapy (MNT) with an out of network Registered Dietitian covered for my diagnosis (mention the ICD-10 Diagnosis code)?

Does my plan cover outpatient nutrition therapy CPT codes 97802 (MNT assessment), 97803 (MNT follow-up), or S9470 (nutritional counseling)?

- *If you don't have a diagnosed medical problem:*

Do I have any nutrition counseling visits covered under the preventive care portion of my plan (diagnosis code Z71.3)? If so, how many?

For an out-of-network dietitian, will a Superbill be accepted for insurance reimbursement?



Do I currently have coverage for services provided via telehealth?

Is a PCP referral or a Prior Authorization required for coverage? If so, is there a specific form that the insurance company provides that needs to be submitted along with a Superbill for reimbursement?

If insurance does cover MNT, is there a limit on number of visits or hours?

Do I have a deductible for nutrition counseling services? If so, how much is it, and how much has been met so far?

Is there a copayment for each visit? If so, how much is it?

Is there a coinsurance for each visit? If so, what is the percentage of the coinsurance?

What month does my policy year renew?

Does my plan require a Letter of Medical Necessity in order to use HSA or FSA funds for an appointment with an out-of-network dietitian?
